# Emmanuel Buchanan — Director First Choice Gourmet Catering



#### Menu 1 & 2 FINGER FOOD - REFER PAGES 1 to 3

#### FINGER FOOD MENU - ANY 10 SELECTIONS

#### **SELECT FROM BOTH MENUS:**

Menu 1 – Hot and Cold Function Favorites

And

Menu 2 - Finger Food Savory Selections

#### Menu 1 - HOT & COLD FUNCTION FAVOURITES

Tempura Seafood Bites with Assorted Dipping Sauces Boneless Chicken Pieces – Honey Mustard / Teriyaki / Chili Samosa Cocktails

Samosa Cocktails Mini Spring Rolls Party Pasties Mini Pizzas

Gourmet Mini Party Pies Kabana Bites

Chicken & Cheese Gems

Gourmet Mini Quiches - Tomato & Mushroom, Ham & Asparagus, Chicken & Leek

Sesame Prawn Toasts

Smoked Salmon Vol au Vents

**Curry Mini Pasties** 

Steamed and Deep Fried Mini Dim Sims

Middle Eastern Flavored Meat Balls with Assorted Dipping Sauces

Chicken Nuggets & Combination Sauces Mini Curry Sticks

Sandwiches - Your Choice of 3 (Three) from:

Chicken, Chives, Mayonnaise and Avocado Smoked Trout, Brie, Egg and Lettuce Ham, Cheese, Tomato and Mustard Tuna, Egg, Mayonnaise and Shredded Carrot Curried Egg, Bacon, Cheese and Lettuce Turkey, Cranberry, Cream Cheese and Cucumber

Beef, Pickles, Tomato and Lettuce

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#### Menu 2 - FINGER FOOD SAVOURY SELECTIONS

California Rolls
Smoked Salmon and Camembert Rounds
Pork Delight with Honey Soy
Salami and Smoked Oyster Rolls
Chicken & Coriander Balls
Prosciutto Melon
Cheese Puffs

Chicken Satay - Malaysian Style with Tangy Peanut Sauce

**Chipolata Sausages** 

Hot and Spicy Chicken Wings

Shrimp Shoamai

Savory Mini Meatballs with Chutney

**Stuffed Mushrooms** 

Chicken/Pork Balls & Combination Sauces

#### **VEGETARIAN SELECTIONS:**

**Apricots with Blue Cheese Topping** 

**Potato Wedges with Sour Cream** 

FEGE.

Continental Salad Sticks

Pistachio Cheese Balls

**Spicy Rice Vine Leaves** 

Ricotta and Spinach Puffs

Fruit Kebabs with Honey Cream

Potato Cakes and Vinegar

Mini Vegetable Dim Sim

**Mediterranean Falafel Nuggets** 

Tater Bites - Cheesy or Spicy

#### PLEASE NOTE – for an additional charge we can also provide –

Noodle Boxes
Peking Duck
Mini San Choi Bow
Stuffed Cherry Tomatoes
Smoked Salmon and Cucumber Canapés
Turkey and Pate Rolls
Oyster Cases with Leek Chiffonnade
Avocado and Smoked Salmon Rolls
Tiny Muffins with Smoked Beef
Chicken and Asparagus Rolls

#### Menu 3 – FINGER FOOD SWEETS

Petite Continental Patisseries
40 pieces per tray containing 8 varieties

#### Tray 1

40 pieces

Chocolate Brownie
Apricot Tart
Pistachio Cream Boat
Raspberry Friand
Coffee Hazelnut Meringue
Chocolate Éclair
Lemon Mille Feuille
Strawberry Tart

#### Tray 2

40 pieces

Praline Choux Bun
Chocolate Financier
Jaffa Pyramid
Lemon Tart
Raspberry Mousse
Chocolate Banana
Citrus Friand
FEEE Chocolate Mousse Cake

FEGE

#### Tray 3

40 pieces

Chocolate Tart
Passionfruit Cheese Cake
Sticky Date Dome
Almond Macaroon
Strawberry Triangle Roulade
Opera Cake
Walnut Cake
Coffee Éclair

#### Tray 4

40 pieces

Panforte
Fruit Pate
Lemon Tart
Chocolate Truffle
Praline Stick
Berry Friand
Opera Cake
Almond Straw

#### Menu 4 – PLATTER MENU - REFER PAGES 4 to 5

(Price on Application)

Platter sizes, quantities and prices are tailored to your individual requirements

Dips

Smoked Salmon, Avocado, Hummus

Three dips on one platter with crudités and crackers

Cheese and Fruit

Three cheeses and slices of fresh fruits in season with crackers

Cheese and Meats

Cabana portions, salami slices, cubes of tasty cheddar cheese

Antipasto

Selection of meats and vegetables together with marinades, herbs & sauces on a bed of lettuce

Lettuce Parcels

Leg ham, roast beef, turkey slices, rolled with crisp mignonette lettuce

**Cold Meats** 

FEGE.

Selected crumbed chicken, ham off the bone, salami, mortadella, tongue on a bed of lettuce

Ribbon Sandwiches

50 fingers - Leg ham & cheese, salmon & tomato - Chicken & Avocado, salad & cheese

Sandwich Points

52 points – Leg ham, roast chicken, salmon - Curried egg, tomato & cheese

Stuffed Eggs

Curried & topped with caviar & stuffed olives Celery fingers, cheese & walnuts

**Marinated Chicken** 

Chicken pieces, marinated (honey soy, teriyaki) Dips & Crudités

**Open Sandwiches** 

Sliced leg ham & Swiss cheese Sliced fillet beef & egg Shrimp & seafood sauce Mushroom & Broccoli salad Chicken, melon/mango & yoghurt

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#### Canapés

Your choice of savory toppings from selection below

Savory Toppings

Rare roast beef and Horseradish

**Smoked Turkey with Cranberry Sauce** 

Avocado and Bacon

Shaved Champagne Ham and Dijon Mustard

Egg, Chive and Bacon

Lightly Poached Chicken (tossed with mayonnaise and cracked black pepper)

**Cream Cheese and Fresh Herbs** 

Salami, Tomato and Fruit Chutney

Egg, Mayonnaise and Asparagus

**Traditional Salad** 

Chicken and Avocado

**Curried Egg** 

**Tomato and Cheese** 

FEGE.

**Bacon**, Lettuce and Tomato

Tuna, Celery and Salad

#### **OTHER SPECIALTIES**

Soups

Quiches

Including Salmon, Mushroom & Bacon, Sausage & Tomato, Spinach, Mushroom & Tomato, Seafood, Lorraine

Pies

Including Steak, Kidney, Mushroom & Oyster, Vegetable, Mushroom, Cheese & Onion, Meat

Pastas

Including Pasticcio, Chicken & Ham, Ham & Cheese, 4 Cheeses & Mushroom, Cannelloni & Lasagna

Game

Including Pheasant with Green Apples, Quail, Spatchcock with Pine nuts, Duck Casserole in Red Sauce, Guinea Fowl, Turkey, Emu, Buffalo, Crocodile, Marlin Steaks

# Menu 5 -HOT or COLD BUFFET / GOURMET ROAST / CARVERY / SPIT ROAST / BBQ - REFER PAGES 6 to 8

#### HOT or COLD BUFFET / GOURMET ROAST / CARVERY MENU

Your choice of ANY 3 Mains Selections.

Select any combination to suit your requirements from –

Roast Selections –
Meats from Pork, Beef, Lamb, and Poultry

AND / OR

Pasta Selections -

Lasagna, Cannelloni, Pasticcio – Meat Based or Vegetarian

AND / OR

Casseroles / Curry Dishes / Sweet & Sour / Vindaloo / Asian and European Dishes

The following is also included with Menu 5:

**Roast Potatoes in Foil with Sour Cream** 

Salad Selections – Choose Four (4) from:

Fresh Garden, Coleslaw

Pasta, Oriental Rice

Mixed Bean, Potato

Bocconcini and Roma Tomato, Green Beans in Garlic

**PLUS** 

Fresh Bread / Sticks / Rolls and Butter

**PLUS** 

Tea / Coffee / Milk / Sugar / Serviettes / Hot Water Urn

**PLUS** 

All Gravies / Sauces / Mustards/ Chutney and Relish

**PLUS** 

**Disposable Crockery and Cutlery** 

(China and Stainless Steel can be provided if preferred)

PLUS OPTIONAL

**Dessert Selection (if required) – One Selection from:** 

Pudding with Brandy Custard Fruit Kebabs with Cinnamon Cream Chocolate Dipped Strawberries French Styled Baked Cheese Cake Tiramisu Fresh Fruit Salad with Cream Topping Croquembouche Pavlova Selections Double Chocolate Mud Cake Profiteroles au Chocolate

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#### PLEASE NOTE – Hot Selections from Menu 5 can be substituted with:

#### **Cold Meats such as:**

Chicken Ham Salami Mortadella Tongue

OR WITH

Assorted Flans Quiches

Roulades

OR WITH

**Open Sandwiches – Ribbons and Points** 

OR WITH

Cheeses
Dips
Fruits
Antipasto

FEGE

VEGETARIAN OPTIONAL SELECTIONS are also available. Select from:

**Mushroom Crepes with Creamy Chive Sauce** 

Pasta with Basil and Almond Sauce

**Eggplant Parmagiana** 

**Layered Mushroom and Tomato Pancakes** 

#### Menu 5 - (Continued)

#### BBQ

#### Any 5 (Five) Selections From:

Mini Fish Patties with Assorted Dipping Sauces

**Kabana Bites with Lemon Topping** 

**Sherried Chipolatas** 

Spicy Mini Meatballs with Yoghurt Sauce

**Hot & Spicy Chicken Wings** 

**Crusty Pepper Beef Fillet** 

**Chicken Satays with Tangy Peanut Sauce** 

Pork / Beef Sausages

**Sesame Honey Lamb** 

Chicken Balontine with Mushroom & Pine Nuts

**Beef / Lamb Patties** 

Pork Fillets Teriyaki

FCGC

**Chicken Drumsticks with Basil Butter** 

**Crumbed Skewered Sausages** 

Spicy Lamb with Almonds

**Brandied Veal Steaks** 

#### Accompaniments

Potatoes Onion

Salads (Choose any 4 salads from page 6)
Bread Rolls / Sticks & Butter
Mustards / Sauces / Relishes & Spreads
Tea / Coffee / Milk / Sugar / Serviettes / Hot Water Urn
Disposable Crockery and Cutlery
(China and Stainless Steel can be provided if preferred)

#### PLUS OPTIONAL

Dessert Selection (if required) – One Selection from page 6

#### Menu 6 - FIXED TABLE SERVICE MENU - REFER PAGES 9 to 14

#### Sample Menu 1

#### HORS D'OEUVRES

Please Choose Any Three (3) Selections from Menus 1 and 2

#### **PLUS ANY TWO**

#### **SOUP SELECTIONS from:**

Crème of Chicken, Potato and Leek, Fresh Vegetable, Hearty Beef, Crème of Pumpkin, Fresh Tomato, Chicken and Mushroom, French Onion, Pea and Ham

OR

#### ENTRÉE SELECTIONS from:

Thai Beef Salad, Duo of Lamb, Chicken Kebabs, Vegetarian Cannelloni, Chicken and Mushroom Vol au Vents, Beef Lasagna, Steamed Cabbage Rolls with Fish and Crabmeat

FEGE.

#### **PLUS ANY TWO**

#### MAIN SELECTIONS from:

Eye Fillet of Beef Wellington (Duxelle of mushrooms, pate, cognac, filo pastry)

Kiev Cut Chicken (Mini drum filled with garlic butter and parsley)

Roast Pork Noel (Filled with diced dried apple, pitted prunes, fresh herbs and seasoning)

Chicken Cordon Bleu (Filled with mildly cured ham and mellow cheese)

Salmon Wellington (Tasmania salmon fillet mixed with fresh vegetables, herbs & spices and wrapped in filo pastry)

#### PLEASE NOTE

All Main Selections include your selection of:

Salads

Vegetables

**PLUS** 

Garnish, Dinner Rolls and Butter

**PLUS ANY TWO** 

**DESSERTS from:** 

**Orange Almond Cake** 

**Sticky Date Pudding** 

FEGE

Mousse

**Baked Cheesecake** 

**Lemon Meringue Pie** 

Tiramisu

**Double Chocolate Mud Cake** 

**Pecan Pie** 

Raspberry Pavlova Roulade

**PLUS** 

Complimentary COFFEE and AFTER DINNER MINTS

#### Sample Menu 2

Entrée

**Seasoned Bacon Rolls** 

Hot Cabanossi Balls

**Smoked Salmon and Camembert Rounds** 

Main

**Cherry Duck Roll** 

**Apricot Glazed Leg Ham** 

Prawn and Avocado Salad with Dill Dressing

Dessert

**Chocolate and Strawberry Mousse** 

**Lemon Meringue Cake** 

FEGE

Sample Menu 3

Entrée

Tarama Olive Dip

**Avocado Cream Dip** 

Main

Cheese and Vegetable Lasagna

**Creamy Chicken and Mushrooms** 

**Tomato Lamb / Beef Curry** 

Dessert

Apple and Passionfruit Flan

**Champagne Fruit Salad** 

#### Varying Options to Menu 6 format are also available for example:

Sample Option 1

**Seafood Bonbons** 

Fillet of Beef with Avocado Béarnaise

**Potato Casserole** 

**Baked Tomatoes** 

**Brandied Apple Mousse** 

Sample Option 2

Whiting Mousseline with Prawn Ragout

**Duck with Apricot Sauce** 

**Glazed Vegetables** 

**Strawberry Liqueur Pastry** 

Sample Option 3

FEGE

Fettuccine with Vegetables

**Chicken with Crab** 

**Broccoli and Snake Beans** 

**Mushrooms with Chives** 

**Poached Pears with Raspberries** 

Sample Option 4

Choice of either - Crème of Oyster Soup or Italian Styled Mussel Soup

**Fish Fillets with Artichokes** 

**New Potatoes** 

**Beans with Hot Lemon Butter** 

**Rum Plums with Cinnamon Cream** 

Sample Option 5

**Spinach Fish Rolls** 

Seasoned Rack of Lamb with Glazed Mint Sauce

**Peas with Bacon** 

**Casserole of Cauliflower** 

**Filled Brandy Baskets** 

Sample Option 6

**Smoked Salmon Pate** 

**Quails with Port** 

Saffron Rice with Stock

**Carrot Puree and Buttered Squash** 

**Frozen Grand Marnier Mousse** 

FEGE.

Sample Option 7

**Celery Sticks and Cherry Tomatoes** 

**Picnic Fried Chicken** 

Sliced Baked Glazed Ham with Dijon Mustard

**Snow Pea Salad** 

**Traditional Potato Salad** 

Yeast Bread

**Assorted Berries with Raw Sugar** 

#### Sample Option 8 Crudités

#### Tarama Salata

#### **Braised Pork Tenderloins with Mustard and Gherkins**

Wheat Bread

Spanish Chicken Salad

Fresh Fruit and Assorted Greek Sweets

Sample Option 9
Tortellini Salad

Vegetable Pasta

**Linguini Salad with Tomatoes** 

French Bread

**Madeleines** 

**Fresh Fruit or Berries** 

Sample Option 10
Spicy Rice Vine Leaves

FEGE

Lamb, Apple and Cherry Soup

Stuffed Lamb OR

Sole Sautéed with Hazelnuts and Pine Nuts

**Braised Artichokes** 

**Greek Salad** 

**Walnut Cookies** 

Sample Option 11
Seafood Mousse

French Potato Soup

**Carrots and Mushrooms** 

**Paupiettes of Brandy Flamed Beef** 

**Green Salad with French Vinaigrette Dressing** 

Crème Caramel

# Menu 7 – FORMAL OCCASION MENU – REFER PAGES 15 - 18 (Price on Application)

#### **OPTION** A

# **Upon Arrival A Selection of Hot and Cold Canapés**

Entrée – Choice of Two
Salad of Smoked Turkey, Gypsy Ham and Honeydew Melon with Dill Mayonnaise

Whole Quail filled with Wild Rice and almonds on Mixed Salad Greens

Smoked Salmon with Chopped Onion, Dill Cucumber and Caviar served with Horseradish, Cream and Toasted Bread

Seafood Antipasti – Marinated Prawns, Mussels, Oysters and Calamari with Kalamata Olives, Baby Bocconcini and Red Peppers

Main – Choice of Two
Individual Lamb Cutlets Baked in Ginger and Plum Sauce

Ground Fillet of Beef with Mango Chutney, Fried Onions and Zucchini

Roast Chicken Balontine filled with Mushrooms, Pine Nuts and Onion and Basted with a light Teriyaki Glaze

Individual Seafood Pie with a Champagne Mustard Sauce

Veal Cutlets with Almond Crust topped with Mushrooms, Pine Nuts and Sour Cream

All of the Above are Served With:

Potato Dauphanoise in Sour Cream with Black Pepper OR

Fresh Pasta with Pesto Sauce OR

Freshly Steamed Vegetables

Dessert – Choice of Two Crème Brulee with Kiwi Fruit

Chocolate Box filled with Chocolate Cream and Strawberries on a Raspberry Coulis

Individual Pudding with Berry Puree with Seasoned Berries or Brandy Custard

**PLUS** 

**Coffee and Chocolates** 

#### **OPTION B**

### **Upon Arrival**A Selection of Hot and Cold Canapés

Entrée – Choice of Two
Fresh Lobster and Crab Salad served in Whole Blue Swimmer Crab with
Chablis Mayonnaise and Continental Cucumber

Chicken Salad with Mango, Snow Peas and asparagus in a Coconut Curry Cream

A Selection of Chinese Dumpling Delicacies Served in a Traditional Steamer Basket with Dipping Sauces

Main - Choice of Two
Trio of Chicken:
Mini Balontine filled with Mushrooms and Pine Nuts
Plump Breast with Almond and Mustard Sauce
Mini Drumette Poached in Tarragon and Chardonnay

Prime Eye Fillet of Beef served with Herbed Mustards

Peking Duck served in Chinese Pancakes with Cucumber, Pickled Radish, Spring Onions and Hoi Sin Plum Sauce

Whole Baby Spatchcock filled with Couscous, Pecan Nuts and Pearl Onions Basted with a Light Teriyaki Glaze

Plump Scallops and Banana wrapped in Bacon en Brochette on a Bed of Saffron Rice

Moreton Bay Bug and Fresh Yabby Pie with Mushrooms, Spring Onions in a Champagne Sauce

All of the Above are Served With:
Potato Dauphanoise in Sour Cream with Black Pepper OR

Fresh Pasta with Pesto Sauce OR

Freshly Steamed Vegetables

Dessert – Choice of Two
Fresh Strawberries with Hot Rum Toffee and Drambuie King Island Cream

**Chocolate Fudge Torte on Chocolate Coulis with Cream** 

**Individual Puddings with Cream** 

**PLUS** 

**Coffee and Chocolates** 

#### **OPTION** C

#### STAND UP GOURMET BARBEOUE

#### **COURSE 1**

A selection of Hand – Ground Beef Sausages filled with Spinach Cream, Mild Pepper Relish and Fresh Oysters

#### **COURSE 2**

Plump Chicken Breast brushed with a choice of Peanut Satay or Pesto Sauce

#### **COURSE 3**

Individual Rack of Lamb OR Lamb Satays brushed with Plum Sauce and Mint Jelly

#### **COURSE 4**

Jumbo King Tiger Prawns sauced with a choice of Garlic Butter, Chili Sauce or Curry Honey Glaze

#### **COURSE 5**

Prime Beef Fillet served on French Bread with a choice of Pate, Horseradish or Madeira Mustard

OR

FEGE.

Turkey Breast Served on French Bread with Cranberry Sauce

#### **COURSE 6**

A combination of Fresh Pineapple and Banana brushed with Cinnamon and Rum Butter with Strawberries Dipped in Chocolate

**Continental Bread Selections** 

Crudités with Dips

**PLUS** 

**Coffee and Chocolates** 

#### **OPTION D**

#### STAND UP GOURMET GAME SELECTIONS

#### **COURSE 1**

Bay Bugs with Nutty Galliano Liqueur Butter

#### **COURSE 2**

Diced Emu and Pine Nuts in Camembert Garlic and Cranberry Marinade

#### **COURSE 3**

Kangaroo Noisettes and Spicy Plum Sauce on Bagel Crisps

#### **COURSE 4**

Brandy Flamed Buffalo Wellingtons in Seeded Mustard and Shiraz Dressing

#### **COURSE 5**

FEGE.

Crocodile Kebabs with Strawberry Vinaigrette

#### **COURSE 6**

Tomato and Chili Sword Fish Steaks in Creamy Dill Dressing

#### **COURSE 7**

**Individual Raspberry Pavlova Roulades** 

#### **COURSE 8**

**Coffee and Chocolates** 

Please note that special requirements such as assorted pasta trays, stuffed peppers and tomatoes, casseroles and single meals are also available from plain and simple to gourmet delight – just ask.

FIRST CHOICE GOURMET CATERING can also provide Fruit Platters and / or Cheese and Fruit Platters.

Gourmet Premium Quality Cakes / Tarts - (approx 14 - 16 portions) are available. Select from:

Jamaican Truffle Cake Hazelnut Praline Chocolate Sticky Date

Passionfruit Cheesecake Marinelo Nero Blueberry Brulee Cheesecake Malt Teaser Sin

Hummingbird Cake Tiramisu Torte Citrus Tart

Café Supreme Carrot Cake Pecan Pie Blueberry & Almond Tart

Cappuccino Cheesecake Granny's Apple Pie Mango Cheesecake

Individual Mini Tarts at are also available. Select from:

Mini Caramel Tart Mini Citrus Tart

Mini Lemon Meringue Tower Mini Choc Hazelnut Tart

I will be pleased to discuss setting up requirements, venue preparation and equipment needs such as glasses, crockery, cutlery, chairs, tables, linen, marquees and / or any other items.

Live music or other forms of entertainment can also be arranged to suit any mood or taste.

#### STAFFING / SERVICE

Chef / Maitre D / Waiter / Kitchen Staff if required are charged at an hourly rate.

Bar Service Staff / Drink Stewards if required are charged at an hourly rate.

Cocktail Drink service is also available if required and also charged at an hourly rate.

Complimentary Tea and Coffee with any Menu Selection

Payment can be made any number of ways. We accept cash and cheque payment, direct deposit, internet banking as well as most major credit cards







Assuring you always of the best in service and quality.

F IRST CHOICE GOURMET CATERING

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IT IS ALSO FEELING CARED FOR, AND NOT JUST CATERED TO, THAT MATTERS